



Onterie Fitness Center  
446 East Ontario  
Chicago, IL 60611-4418  
312 642-0031  
312 642-1961 (fax)  
<http://onteriefitnesscenter.com>

**Look Better... Feel Better... Have More Energy!  
Reach your Fitness Potential and Look Great for the Summer!  
Hire a Personal Trainer**

Personal Training Prices for One Session (60 minutes)

Regular Trainer	\$60.00
Master Trainer	\$65.00
Head Trainer	\$70.00

**Individual Packages**

60 minute sessions scheduled with your trainer at your convenience. Your trainer will watch your progress and continue to provide coaching and motivation throughout each session. You can purchase individual or multiple packages.

**Non-Members receive full use of club amenities during their sessions.**

Regular Trainer Packages		
Six Sessions	\$340.00	(\$56 Avg. per session)
Twelve Sessions	\$648.00	(\$54 Avg. per session)
Eighteen Sessions	\$900.00	(\$50 Avg. per session)

Master Trainer Packages		
Six Sessions	\$379.00	(\$63 Avg. per session)
Twelve Sessions	\$700.00	(\$58 Avg. per session)
Eighteen Sessions	\$980.00	(\$54 Avg. per session)

Head Trainer Packages		
Six Sessions	\$400.00	(\$66 Avg. per session)
Twelve Sessions	\$780.00	(\$65 Avg. per session)
Eighteen Sessions	\$1116.00	(\$62 Avg. per session)

**For more info or to set up an appointment with a trainer, contact  
Fitness Director, Chris Geater.**

**Club Hours: Mon – Fri 6:00 AM – 10:00 PM  
Sat – Sun 8:00 AM – 6:00 PM**